



THE LEADER

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April 11, 2003



Refueling force

Coalition forces fuel each other

-- See Pages 14 and 15

Photo by Capt. Shane Balkan

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside: Enlightening visit

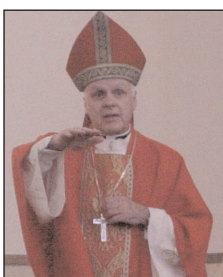
Weekend weather

Today	60/32	partly cloudy
Saturday	63/36	mostly cloudy
Sunday	65/42	mostly cloudy
Monday	53/43	rain



Weather information courtesy
319th Operations Support Squadron weather flight

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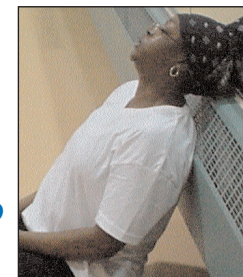
It comes crumbling down

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A FORCE to reckon with

Page 19



Deployed couples make war on terrorism ... Family affair

By Capt. Shane Balken

401st Air Expeditionary Wing Public Affairs

Deployments are hard on military families. Constant rotational tours to places most people have never heard of, long separations, and anxiety from missing your family are just a few of the stressors that make saying "goodbye" difficult in a time of war and instability in the world.

However for two married military couples here, their goodbyes to each other were relatively stress free when they said "hello" again shortly after arriving at the 401st Air Expeditionary Wing. Staff Sergeants Bobby and Lola Ross, RAF Mildenhall, England, and Airmen Larry and Tiffany Ingersoll, Grand Forks Air Force Base are the wing's two dynamic duos, making the global war on terrorism a family affair.

"Bobby had already left before I knew I was coming here," said Lola Ross, a logistics supply specialist in the 401st Expeditionary Aircraft Maintenance Squadron. "When I found out I was joining him the following week I was really excited."

The Ross's have been married 19 months but have known each other since their high school sweetheart days when they first met working in their hometown grocery store in Rockford, Ill. "We

ended up going our separate ways after high school. Lola joined the Air Force and I went to college," added Bobby, a weather forecaster in the 401st Expeditionary Operations Group. "But I still thought about her often."

Four years later Bobby decided to join the Air Force. "I knew Lola was still in the Air Force and I tried to contact her through friends and family. After a few years of casually searching, we finally got in touch. We e-mailed each other for several months before we finally saw each other during a Tops in Blue show when Lola was performing at Offutt AFB, Neb. After eight years I fell in love with her all over again that night," said Bobby.

Not all couples go through years of searching to find each other. For the Ingersolls, being together throughout their military career has been the norm rather than the exception. Both Larry and Tiffany work together in the life support office of the 401st EOG and work the same schedules.

"We met during our in-processing at the Military Entrance Processing Station," said Larry. "We were in the same flight during our basic training, we went to tech school together and then to artic survival school together. After our marriage two years ago, we then deployed



Photo by Capt. Shane Balken

Staff Sgt.'s Bobby and Lola Ross (left), RAF Mildenhall, England, and Airman Tiffany and Airman First Class Larry Ingersoll, Grand Forks AFB, North Dakota, are deployed together to the 401st Air Expeditionary Wing in support of Operation Iraqi Freedom.

together to the Persian Gulf region and now we're together again. We don't have children, so we wanted to be together."

When asked if they ever get tired of being around each other so often, Tiffany was quick to respond with a resounding, "No." "I really like working with Larry because after we go home, he knows exactly what I'm talking about. We never have to explain what happened at work or a certain situation," said Tiffany. "We just know what each other is thinking."

Both couples said they have been for-

tunate on this deployment to share the same rooms with their spouses. "We owe a lot of thanks to our first sergeant (Master Sgt. Steve Ross) for our living arrangements," said Bobby. "It has made all the difference on this deployment and it's nice to know that my wife is with me. I don't take anything for granted."

Deployments are still hard for these four airmen but at least they have each other. And for military families, a few less "goodbyes" and a few more "hellos" makes it all a little easier.



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Col. Keye Sabol
319th Air Refueling Wing commander

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Photo by Senior Airman Jathsed Fabara

Predicting the future

Senior Airman Mark Hendrickson, 319th Weather Flight technician, works on the tactical meteorological observing system. It is one of several apparatuses used to observe current weather conditions. The weather flight has been tasked to setup a program as an official combat weather team.

Archbishop's visit confirms, encourages base warriors

By 1st Lt. Rob Lazaro
Public Affairs, deputy

Over the past two month the Archbishop of the Military Services has been traveling to all the military installations West of the Mississippi to celebrate the Sacrament of Confirmation, which is one of the three ceremonies of the Sacrament of Initiation that Catholics must complete.

On top of his busy travel schedule, Archbishop Edwin O'Brien is also responsible for the pastoral care and spiritual needs of 1.4 million Catholics in the armed service, their family members, 173 veteran hospitals, numerous overseas civilians, and about 500 chaplains.

Nevertheless, he enjoys to every opportunity to visit military bases to become educated on what the troops do in their day-to-day lives as well as to encourage and thank them in person.

"Military service provides a unique witness to a culture of self-sacrifice," said O'Brien. "These months (during war) have been a tremendous strain on our service members and their families."

This strain is especially felt at Grand Forks Air Force Base where airmen and their families struggle with the base's highest deployments rates in its history.

"Our troops are overworked," said O'Brien. "I pray that we are not doing long term damage by asking them to do so much over an extended period of time."

Another area of concern for Archbishop O'Brien is not enough



Photo by Staff Sgt. Monte Volk

Archbishop Edwin O'Brien, anoints a base member during a confirmation mass Tuesday.

priests in uniformed service. Two times the current number of priests are needed to service the military's Catholic community.

"There is a critical need for more people in religious vocations," said O'Brien. "We're hoping to challenge military family members and even those in uniform to give generously of their lives and take up the priesthood."

Archbishop O'Brien gave praise and encouragement to the base chapel staff and cited command and community support as one main reasons for its success. The interfaith and ecumenical cooperation also played a particularly important role in raising awareness and sensitivities to the spiritual needs of the base community.

Legal offers understanding on income tax filing extensions

By Capt. Lyn T. PatyskiWhite
319th Air Refueling Wing Legal Office

Many military spouses have heard that they don't have to file federal income taxes until their spouse returns from deployment. The question often asked, "Is that true?" It depends...

Military members or civilians deployed with the armed forces who have "qualified service" in an area designated as a combat zone or qualified hazardous duty area during at least part of the current federal income tax season — Jan. 1 through April 15 — will not have to file an extension request with the IRS. This is because if a member has qualifying service in a combat zone or qualified hazardous duty area, that person qualifies for an automatic filing extension until they return from the combat zone or qualified hazardous duty are plus a minimum of 180 days.

So what does "qualified service" mean?

Qualified service includes all service except:

If a member is on leave in a combat zone and his/her duty station is located outside of the combat zone;

If a member passes through the combat zone during a trip between points located outside the combat zone; and if a member is in a combat zone solely for his or her personal convenience.

Currently, there are a number of qualified hazardous duty areas. People in these areas are qualified for the extension that goes with it. Following are the qualified hazardous duty areas designated with an effective date:

*Bosnia and Herzegovina, Croatia and Macedonia (beginning Nov. 21, 1995)

Following are also many areas that are designated as combat zones.

The following locations were designated as combat zones beginning on the dates indicated:

Jan. 17, 1991 — The Persian Gulf area including airspace over the Persian Gulf, the Red Sea, the Gulf of Oman, the part of the Arabian Sea that is north of 10 degrees north latitude and west of 68 degrees east longitude, the Gulf of Aden

and the total land areas of Iraq, Kuwait, Saudi Arabia, Oman, Bahrain, Qatar and the United Arab Emirates.

March 24, 1999 — Kosovo including the Federal Republic of Yugoslavia (Serbia and Montenegro), Albania, the Adriatic Sea and the Ionian Sea north of the 39th parallel.

Sept. 19, 2001 - Afghanistan.

Public Law 104-117 designated three parts of the former Yugoslavia — Bosnia-Herzegovina, Croatia and Macedonia — as a qualified hazardous duty area, to be treated as if it were a combat zone, beginning Nov. 21, 1995.

In addition, DOD has certified the following locations for combat zone tax benefits due to their direct support of military operations in the Afghanistan combat zone (Operation Enduring Freedom), beginning on the listed dates:

Sept. 19, 2001 — Pakistan, Tajikistan and Jordan

Sept. 21, 2001 — Incirlik Air Base, Turkey

Oct. 1, 2001 — Kyrgyzstan and Uzbekistan

Jan. 9, 2002 - Philippines

April 10, 2002 - Yemen

July 1, 2002 — Djibouti

Spouses of military members who are in the qualified hazardous duty areas or combat zones usually qualify for the same filing extensions. Two notable limitations are: (1) if the military member is injured in a combat zone and is then hospitalized in the United States, the extension does not apply for the spouse for the period when the military member returns to the United States; and (2) if the spouse is attempting to file a tax return for a tax year beginning more than two years after the date the area is no longer a designated combat zone or quarterly hazardous duty area.

If anyone in a military family receives a letter from the Internal Revenue Service stating a return is overdue or that taxes should have been paid by the April 15 deadline, they should write "COMBAT ZONE EXTENSION" on the top

Lancer hits regime leadership target

By Senior Master Sgt. Rick Burnham
Air Force Print News

WASHINGTON — An Air Force B-1B Lancer struck a building in a residential area in Baghdad, Iraq, on April 7 where a high-level Iraqi leadership meeting was believed to be ongoing.

Officials at U.S. Central Command confirmed the attack during the daily press briefing at their forward headquarters in Qatar on April 8. Army Brig. Gen. Vincent Brooks, CENTCOM deputy operations officer, said there were strong indications that high-level Iraqi regime leaders were present at the meeting.

“We had credible information there was a regime leadership meeting occurring yesterday,” he said. “We had an opportunity to attack that particular regime leadership meeting, and we believe the attack was effective in causing the destruction of that facility.”

The general left open the question as to what specific Iraqi leaders were present, opting to wait until investigations of the site could be conducted.

“Our efforts remain focused on

regime leadership wherever we can find it, and any remnants of command and control that might be exerted by any remaining forces of the regime, whether it is tactical or on a larger scale,” he said.

CENTCOM officials said the attack was carried out by a single B-1B Lancer that dropped four precision-guided, 2,000-pound, Joint Direct Attack Munitions on the building, located in the al Mansour section of Baghdad.

The strike marks the second time in recent days that coalition air strikes targeted top-level Iraqi leaders. U.S. and British officials said April 7 they believe the body of Ali Hassan al-Majid, also known as “Chemical Ali,” had been found in the rubble of his Basra home after it had been hit by bombs dropped from Air Force F-16 Fighting Falcons.

“We believe that the reign of terror of ‘Chemical Ali’ has come to an end,” said Secretary of Defense Donald Rumsfeld during a Pentagon press conference April 7. “To Iraqis who have suffered at his hand, particularly in the last few weeks in that southern part of the country, he will never again terrorize you or your families.”



Photo by Staff Sgt. Cherie A. Thurlby

An Air Force B-1B Lancer flies near Iraq. A Lancer like this one struck a building in a residential area in Baghdad, Iraq, on April 7 where a high-level Iraqi leadership meeting was believed to be ongoing.

Destruction of Cold War remnant begins

Former SAGE building ends its days as a shell of its former self

**Story and photos by
Staff Sgt. Scott T. Sturkol**
Public affairs

The destruction of the former 321st Missile Wing headquarters – Building 306 – officially began Tuesday morning when the 6,500-pound wrecking ball attached to an Allied Steel Construction crane began smashing the west lobby of the building.

The building, known as the “big block building” to current and past residents of Grand Forks Air Force Base, was originally completed on May 15, 1958, historical records show. Over the years the building was mainly used as the storage place for the Semi-Automatic Ground Environmental, or SAGE, system which was a series of radars and computer systems networked together that provided lookout protection against a surprise attack. It later served as the official 321st Missile Wing headquarters and up until recently, held several wing staff agency offices from the 319th Air Refueling Wing.

“Building 306 had the codes vault where we’d walk in, bleary-eyed at 4 a.m., to collect the means we’d use to penetrate a site,” said Tech. Sgt. Clinton Lowe, a former member of the 321st Missile Wing who is now with the North Dakota Air National Guard in Fargo. “It was the place we’d go to speak to those in the field who were having problems via radio – we had no cell phones back then – and the place we reported to at various checkpoints distantly located across Eastern North Dakota.”

Lowe added that Building 306 was the place the over-dressed capsule crews appeared from, briefly, on their way to their Chevy Suburbans for the arduous treks into the wilds of the plains. After three days, he said, “they’d reappear with masters thesis’ in tow, reeking of loneliness and desperation to return to civilization.”

“In its ominous form, the windowless shape of 306 hardly could be described as cheerful,” Lowe said. “In spite of meager efforts to decorate and paint, such as in sea-foam green, to lighten or liven up the place, it still was a featureless part of the landscape from which orders, inspections, and butt-chewings originated.”

Retired Master Sgt. James Bolton, current treaty compliance office chief and a former

321st member who first arrived at Grand Forks AFB in 1991, said he will miss the building, but he realizes its demise is in the name of progress.

“I’ll miss it – that’s for sure,” Bolton said. “I worked in that building in several different capacities since 1991 – from a missile maintenance team scheduler to the treaty compliance office.”

Bolton said as he watched the missile silo implosions take place from 1999 to 2001, he realized the end of the need for the building was coming. In a way, he said, it’s a good feeling to think that this building is no longer needed considering the initial reason it was built.

“The building was one of the last testaments to the history of the missiles we had at this base,” Bolton said. “But it’s also good to know we no longer need the missiles or this building. Sure it’s tough to see it go, but it has to go so we can progress.”

According to the contractor, Allied Steel Construction of Superior, Wisc., it will take approximately one month to complete the demolition of the building.

Vern Mickels, longtime employee of demolition contractor Alliance Steel Construction, said the 6,500-pound wrecking ball he swings at the building from his 100-ton crane doesn’t do much damage at first, but it will eventually get the job done.

“If it was a brick wall and went right through, it’d be exciting,” he said, “but this will be repetitious. We’ll just keep pounding on it.”

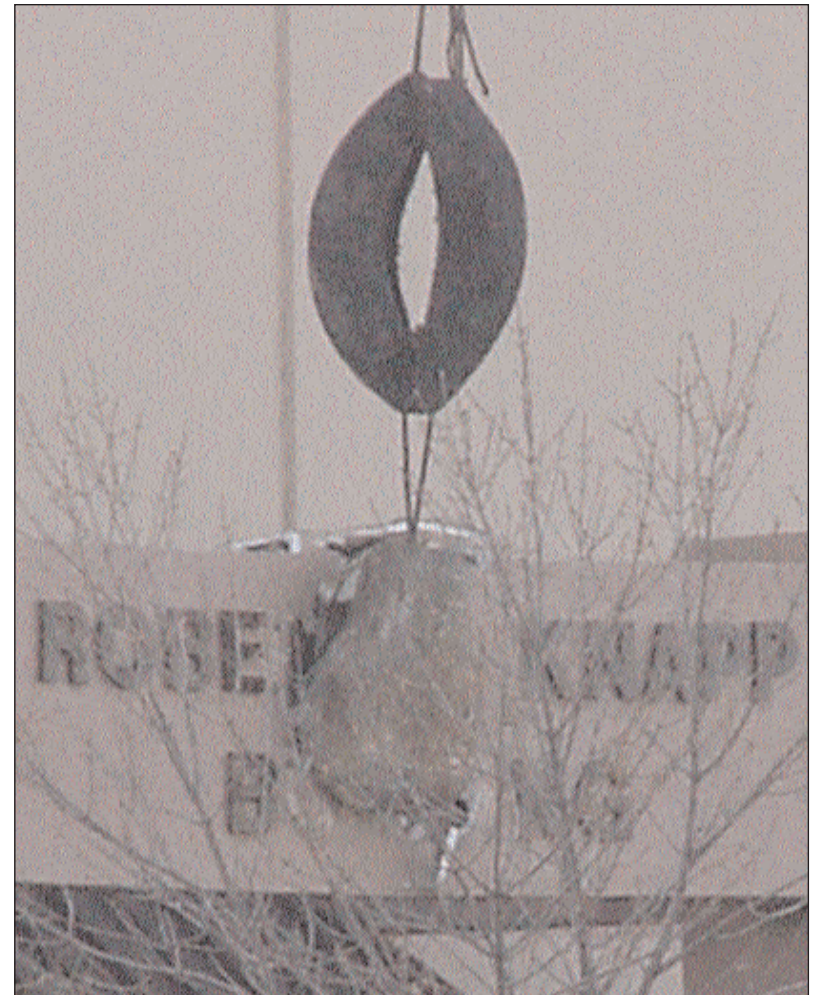
Mickels said the plan is to go through the west wall and “take it down floor by floor.”

Heidi Durako, 319th Civil Engineer Squadron environmental flight, said there will be a display set up on base remembering the missile wing and Building 306. The display will be completed sometime in the near future and the placement of it is still to be determined.

Lowe said, “In spite of the history, I shall surely miss the building. Things of concrete, it seems, just don’t fall down. The place (even isolated, useless and empty) would surely weather for eons as a reminder of the urgency with which we approached the Cold War.

“Six-ring alerts, ORI successes and failures, missile competitions, and, indeed, the occasional scare that Armageddon was coming, are well remembered by looking at that building,” Lowe said.

“To have it leveled out of need for another parking lot seems to degrade the entire lifestyle so many of us lived through. However, may it rest in peace.”



(Above) A 6,500-pound wrecking ball slams into the west entrance to Building 306 Tuesday during the start of the building’s demolition. (Left) A overall view of the building. (Below) John Gorman, former 321st Missile Wing member, is interviewed by local media about his experiences with the missile wing.



Briefs

Public notification

Grand Forks Air Force Base has proposed the addition of parking and lighting at the Airey Dining Facility.

An environmental assessment has been conducted and a “finding of no significant impact has been determined for the action.” Anyone who would like to view the support documents to this action should contact the 319th Air Refueling Wing Public Affairs Office within the next 30 days at 747-5017.

Kindergarten registration

Kindergarten registration for the 2003-2004 school year is April 24, at Eielson Elementary School. Children are eligible to attend kindergarten next fall if they will be 5-years old by Aug. 31. All kindergarten age children living on base will attend Eielson School.

Families whose last name begins with A - L should come at 10:00 am. Families whose last name begins with M - Z should come at 2:00 pm. The sessions will last about 45 minutes. Parents should bring their kindergarten students with them, however other siblings should remain at home. While the children are in the classrooms, the principal will make a presentation to parents and then parents will be given time to fill out registration forms.

Parents must bring their child's birth certificate or passport, social security card and immunization records

so that dates and numbers can be verified and recorded. Children entering kindergarten must have already their second MMR and all three Hepatitis B vaccines to enroll. For details call Eielson Elementary School at 787-5000.

Christian marriage seminar

Whether you're engaged, newly married, not so newly married, or the spouse of a deployed member, this program can help you identify threats to your marriage, God's purpose, plan, and power, how to resolve conflicts, responsibilities, and intimacy. Sign up for the Christian Marriage Seminar 6 to 10 p.m. May 16 and 8:30 a.m. to 5 p.m. May 17 in the Prairie Rose Chapel.

The cost is \$10 per couple or \$5 per single for E-1 to E-6 and \$15 per couple/\$10 per single for E-7 and higher. Fees include materials, lunch, snacks and beverages. Child care is \$10 per child with a maximum of \$30 per family. Children six-months to kindergarten care is at the child development center and children grades 1 through 6 at the community activities center. For details call Chaplain Mike Moore at 747-4323 or Joe Chine at 594-2288 or E-mail militarymarriage@aol.com.

Base Clean Up Week

Base Clean Up Week starts April 21. The base-wide

effort is not limited to trash pick up along the roads, but includes cleaning up around base buildings-inside and out. Each unit on base is responsible for the inside and outside of their building, as well as their work areas.

Housing residents are responsible for cleaning their yards to inspection standards. Curbside pick-up of compost, i.e. lawn clippings and limbs or branches under six feet long takes place every Monday. Arrangements for pick-up of larger items not normally considered part of weekly garbage collections can be made by calling 779-1579. Paint is available at the Self-Help Store in Bldg. 418 for necessary touch ups. The Self-Help Store is also the drop off point for paint and household chemicals. Used oil, antifreeze, automotive batteries and tires should be taken to the Auto Skills Development Center. For details call 2nd Lt. Kass Larson at 747-6371.

OPSEC tip

OPSEC is thinking about what we do every day from the viewpoint of an adversary. The adversary could be a terrorist, an Iraqi spy, an anti-war protester or simply a common criminal wanting to prey on dependents. Think about your surroundings when talking --does everyone in the restaurant need to know that your spouse is deployed indefinitely and you are alone? Watch what you say so we can protect each other as well as our deployed military members.

Coalition tankers, crews are backbone of war

By Senior Master Sgt. Rick Burnham
Air Force Print News

WASHINGTON — With their dazzling accuracy played out frequently for world-wide television audiences, precision-guided weapons have made media favorites out of strategic and tactical bombing missions.

But there is a wide variety of other air operations going on around the clock that are just as important to the war effort, said the combined forces air component commander of Operation Iraqi Freedom.

Lt. Gen. T. Michael Moseley, speaking to a group of Pentagon reporters via teleconference from his headquarters in Saudi Arabia on April 5, said the missions run the gamut from close-air support, to airlift, to those involving unmanned vehicles and satellites.

“We are conducting operations across the spectrum, including strategic attack, counterair, interdiction, close-air support, mobility, intra- and intertheater airlift, and reconnaissance, all simultaneously,” he said. “In the south, we have had such a rapid movement of surface forces that we’ve progressed straight from some strategic attack targets and interdiction targets straight to close air support. And now we are providing intratheater airlift because we are operating off a number of previously owned Iraqi airfields.”

Those remote airfields are quickly becoming a home for an array of coalition aircraft, he added.

“We’ve got A-10s (Thunderbolt IIs) operating off of them, as well as combat rescue assets,” he said. “We are also moving C-130s (Hercules) and C-17s

(Globemaster IIIs) across those airfields now. A lot of that is due to partnerships with special operations, but it is also due to an incredibly effective partnership with the surface forces.”

West of Baghdad, coalition air efforts have been orchestrated with special operations forces, the general said. North of the capital city, he said, it is a different matter altogether.

“The north front still calls for interdiction, along with some strategic attack, and a lot of close air support,” he said.

At the heart of the effort has been a stellar performance by coalition tanker aircraft and their crews.

“The tankers have been the true backbone of this war,” he said. “They have consistently been able to get the fuel to the right asset at the right time.”

It has been a total effort, combining the resources of each service, as well as other nations participating in the war. Unmanned vehicles have also been key, he said.

“I am a big fan of UAVs,” he said. “Because of their persistence, they can stay over a target for hours. From the very beginning we have had Predators up in the vicinity of Baghdad, and from the beginning we have had Global Hawks over the top of Baghdad. They are amazing systems and provide a capability and a set of options for the air commander that is just outstanding. We are at a threshold of something very exciting and new with unmanned aerial vehicles. They give us a wonderful capability.”

Moseley said the reconnaissance capability provided by the Predator and Global Hawk aircraft is being complemented by



Photo by Master Sgt. Mark Bucher

An F-15 Eagle from the 33rd Fighter Wing, Eglin Air Force Base, Fla., receives fuel from a tanker assigned to the 401st Air Expeditionary Wing, operating from a forward-deployed location.

a robust set of satellites, able to give commanders an even closer look at the evolving situation on the battlefield.

“We have in excess of 50 satellites that we are using in Operation Iraqi Freedom,” he said. “They have been just unbelievably capable - not just the Global Positioning System, but all the others that are able to support both conventional surface forces, naval forces, special-operations forces and the air forces themselves.”

When the shooting stops - and possibly before it stops - airpower will provide a key resource for the delivery of humanitarian aid, Moseley said.

“You bet we will be flying those missions,” he said. “The airfields we are operating off right now are in slightly remote areas, but we will be flying to all airfields, including those in the major cities, as soon as we can. We have that capability, and it is the right thing to do.”

-- TAX, continued from Page 4

front of the letter — make a copy of the letter and save it for their records. They should then mail the original back to the IRS. No penalties or interest will be imposed for failure to file a tax return or pay taxes during the extension period.

As a precautionary measure, military members may — but are not required to — alert the IRS as to their combat zone status by e-mail at combatzone@irs.gov. The member will have to provide his or her full name and Social Security number and, if married filing jointly, the full name and social security number of the spouse.

However, there are two notes of caution.

First, please be sure that if you tell the IRS you are

entitled to combat zone or qualified hazardous duty area status, that statement is true — otherwise you have committed fraud.

Second, if you (and/or your spouse) qualify for combat zone or quarterly hazardous duty area status and intend to use this filing extension, do not file an IRS Form 4868, Application for Automatic Extension.

All taxpayers can file a request for an automatic four-month extension to file their tax forms using the IRS Form 4868, but note that this delay is just to file your tax forms. If you owe the IRS taxes, you still have to estimate and pay the taxes by April 15 or pay penalties when you eventually do file.

Military members (or their spouses) who qualify for combat zone or quarterly hazardous duty status should not file a Form 4686 because the IRS will assume that

you are not covered by combat zone or quarterly hazardous duty area benefits and will expect you not only to file your taxes within the four-month extension period, but also to pay any estimated taxes owed by April 15 and request additional extensions if you don't file within that initial four-month extension period.

Many states follow the federal rule and grant an automatic extension for combat zone and quarterly hazardous duty area filers; however, some do not. Consult your specific state's Department of Revenue or contact the base tax office for additional assistance.

Additional information can be found at: <http://www.irs.gov/newsroom/article/0,,id=101261,00.html>.

(Additional information courtesy Air Force Print News and the IRS)

Air Expeditionary Force: Bending, but not broken

By Maj. Gen. Timothy A. Peppe

Special assistant for air and space expeditionary forces

WASHINGTON (AFPN) — The air and space expeditionary forces concept survives, but both it and our airmen are being stressed to the limit.

Increased operations and the potential for more are placing demands on our armed forces like never before. In our Air Force, these demands exceed current steady-state requirements in operations Northern Watch and Southern Watch and in Bosnia. AEF 7 and 8 airmen are frozen in place, and some airmen in AEFs 9 and 10 have been tagged way ahead of schedule.

But despite these pressures, the AEF concept will survive.

The AEFs were created as an organizational and scheduling mechanism designed to spread Air Force capabilities across the force, and to produce scheduling predictability for our airmen.

The idea was to rotate airmen through these commitments on a 90-day cycle once every 15 months or so. Knowing when they were in a training mode or when they were on call well in advance allowed airmen to plan their professional and personal lives around these obligations. This new AEF organizational “construct” was maturing well when world events caused the demand for Air Force capabilities to increase dramatically.

Today, because of the global war on terrorism, Operation Enduring Freedom, Operation Noble Eagle and

other possible contingencies, the pressure on the Air Force has caused us to adjust procedures to meet the challenge.

AEF can function in two types of environments: steady-state and crisis. A single on-call AEF pairing (for example, AEFs 1 and 2) can meet steady-state requirements.

Crisis response requires resources beyond those available in a single “on-call” pair. This allows the Air Force to respond to any situation our leaders deem appropriate to achieve our national security objectives.

The rotational AEF construct was designed to support limited-scale requirements, and three-month rotations of one AEF pair became the definition of steady-state. A situation demanding more than one AEF pair places the AEF into a “crisis” mode, whereby the AEF flexes, as necessary, to meet increased requirements. One of the measures available is to “reach forward” to the next, most available AEF pair or pairs before they would otherwise come up on the schedule.

Our Air Force currently operates at a much higher tempo than when AEFs were first devised. Many people are serving tours in excess of 135 days, i.e. mobility, special operations, intelligence, surveillance and reconnaissance, and other stressed career fields.

Current demands are also pulling forces from more than



Maj. Gen. Timothy A. Peppe

one AEF pair. The procedures for meeting this challenge require forces to be drawn from the pairs closest to their vulnerability zone, typically done by exhausting forces from the previous AEF pair and/or dipping into the next AEF pair.

Senior Air Force leaders have initiated several short- and long-term solutions that will alleviate some of the strains placed upon our stressed career fields. These include retraining, reallocation of new airmen into different training pipelines, increasing the number of career field authorizations and changing the way we determine our manpower requirements.

Although we face changing AEF rotation timing, we make every effort to preserve the AEF sequence. This gives the Air Force the ability to sustain operations over the long term. When the world situation changes and requirements for Air Force capabilities lessens, the Air Force will return to a more normalized three-month AEF battle rhythm.

The AEF system is bending, but it's not broken. And it's that ability to bend — or flex — that makes our Air Force and our airmen the best in the world. Our enormous ability to adapt to an incredibly wide array of options is why the U.S. Air Force is, more often than not, called on to be the first responder to national security challenges around the globe.

Hate crimes will not be tolerated

By Chief Master Sgt. Tony L. Wyatt
Chief, HQ AMC Military Equal Opportunity Branch

Even as we wage war in Iraq, Air Force officials are quick to remind blue-suiters everywhere of Air Force policy regarding unlawful discrimination.

“It will not be tolerated in the Air Force,” said Bob Cook, Air Force Equal Opportunity Policy chief at the Pentagon. “Commanders have been urged at all levels to remain vigilant and take prompt, appropriate action with members of their commands who fail to meet Air Force standards.

Discriminatory treatment in any form, including against individuals of Arab-American, Middle Eastern or Muslim descent, simply will not be tolerated.”

People who violate this policy are subject to action under the Uniform Code of Military Justice.

Individuals should immediately report all incidents relating to hate

crimes, discrimination or harassment to local military equal opportunity offices, Mr. Cook said.

Air Force leaders have expressed a personal concern and determination that Air Force people will not be subjected to inappropriate treatment because of their national origin, religious beliefs or physical appearance.

“Arab-Americans and members of Islamic faith groups are part of our American society and the Air Force, and they should not be unfairly targeted for attacks on America,” Mr. Cook said.

Unfortunately, the suffering, loss of life, grief and anger that we are experiencing as some of our service members have died while serving their country, may cause some of our people to react negatively and forget this basic tenet. For that reason, people must be even more vigilant and proactive to prevent these acts and, when necessary, respond to acts of harassment or discrimination.

Free movie

Saturday 3 p.m.

Jungle Book 2 (PG)

The story begins where the 1967 original left off. Mowgli (Haley Joel Osment) is bored living in his new village with his girlfriend, Shanti, so he returns to the good ol' life in the jungle. But a familiar foe, the tiger Shere Khan, has been waiting for this day, and he's ready to pounce. It's up to Baloo (John Goodman) and Mowgli's other friends to help save him.

The free movie is sponsored by the Grand Forks AFB First Sergeants and is open to all base personnel. For details call Master Sgt. Kevin Flickinger at 747-5705.

Fear, anxiety sometimes come in little packages

By Nancy Jo Doubrava-Dull
92nd Air Refueling Wing Family Support Center

FAIRCHILD AIR FORCE BASE, Wash. (AFPN) — “Mommy, why is there war?”

“Daddy, why are there terrorists?”

Tough questions, yes. Impossible questions, not necessarily.

Our children are growing up in a different world than we did. Messages of terror can travel the Internet around the world in seconds. Rogue nations with weapons of mass destruction are the norm rather than the exception.

What is a parent to do when little ones start asking these kinds of questions.

First, don’t panic. Second, tailor your answers to a child’s developmental stage and age.

For example, my daughter was just shy of four years old when her father was called back to active duty for Desert Storm and Shield. She asked me the same tough questions children are asking now.

I told her gently that sometimes adults act like bullies and take things that don’t belong to them, so soldiers, airmen and sailors like daddy have to go and make those bullies behave and give back what they took.

The next question was’t nearly as clear-cut: “Mommy, didn’t that Saddam’s mommy teach him not to take things that don’t belong to him?”

My answer was, “Yes, baby, but sometimes adults forget or don’t follow lessons they learned as children.”

Yes, out of the mouths of babes.

Children don’t have the ability to understand war in the same way adults do. Because their experience set is

smaller, they can only conceive war as something that will happen in their neighborhood, to their family and at their school and play areas.

Parents should reassure them there are many people working to protect us and that generally, we are safe in our homes, schools and at play.

Children tend to look for simple answers. When explaining war, people might want to make a distinction between dropping a few bombs and a long-term war.

If children avoid talking about war, it does not necessarily mean they aren’t thinking about it. But parents shouldn’t give them too much information or they risk information overload.

Limit media exposure, especially for younger children. Older children and teens might watch the news with their parents and discuss what they are seeing.

If children have trouble coping, par-

ents should seek professional help for them. There are school counselors, counselors at Life Skills and skilled providers at Family Advocacy who can assist parents in helping their children cope with this brave new world.

In order for parents to take care of their children, they must take care of themselves.

War can be a tremendous stressor. Talk with friends and take advantage of every opportunity to network with others whose loved ones are deployed. Beyond “misery loves company,” sharing fears and challenges with others going through the same thing helps normalize feelings.

For an easy way to network with others, consult with the staff of your local Family Support Center.

(Courtesy of Air Mobility Command News Service)

Airman Against Drunk Driving

** Available only to military members, their families and DOD civilians*



**Your last resort for a
safe ride home.**

**740-CARE
(2273)**

A fighter pilot’s goodbye

By “Cruiser”
8th Expeditionary Fighter Squadron

OPERATION IRAQI FREEDOM (AFPN) — As we stand trained and ready to execute the decisions of our President, many thoughts are focused on loved ones at home. It is their support that gives us the confidence and the moral strength to carry out our duties and hurry home.

That support began giving us strength even before we left the flightline.

The night we deployed, we were overwhelmed by those who were there to see us off. Our entire sister squadron and their maintenance counterpart worked 24 hours a day for three straight days to provide us with the best F-117s to take into the battle. Thanks to them, we were able to focus our thoughts on our families and loved ones in preparation for our call to duty.

My crew chiefs strapped me into their aircraft as I prepared to take it to war. Airman 1st Class Thomas Cook wished me “Good luck, sir” and Staff Sgt. Paul Wyatt said, “Be safe, sir, and hurry back. Now go make history.” Their comments and actions conveyed their pride in what they do. And I was just as proud of them.

We heard a sister squadron commander’s voice, as we prepared to taxi, wishing us “Happy hunting and God speed,” from all his troops. Those powerful words proved our fellow airmen wanted to be right there with us.

My first sight as I taxied out of the hangar was that of an entire row of maintenance troops lined up in formation along the canyon taxiway. As I taxied by, they

saluted in unison, beaming with pride. The highest rank I saw out there was a staff sergeant. I knew I was sitting in the best product they had to offer. They gave us a first class launch that night.

Further down the canyon, our spouses and families lined the left side of the taxiway. Amidst the group of proud waves and blowing kisses, we focused on making eye contact one last time, which we knew had to last us for months. Emotions ran high on both sides of the cockpit glass.

The next salute was from our wing commander, standing alone at attention in front of his staff car. As we left the lit canyon area, his long proud unwavering salute sent us off to battle as if to say “Do well men, and return home safe.”

Rounding the corner to the runway, we taxied by our operations group commander, his deputy and their wives. Their salutes told us, “go forth and do what you are trained to do” and “I would do anything to be there with you.” The four of them followed us to the runway, where the commander spoke to each pilot individually through the headset, personally launching us on our journey.

As we took the runway and blasted off into the night, I saw the flash of the cameras and felt the weight of the stares of all the friends and families gathered there to see us off into the darkness. I could sense our loved one’s thoughts and prayers as we disappeared from sight. It is those thoughts and prayers that I ask from all of you now.

See you soon.

(Courtesy of Air Combat Command News Service)

Dining facility provides meals close to home

By Tech. Sgt. Eric M. Grill

405th Air Expeditionary Wing Public Affairs Office

It's not home cooking they're going after, considering there is about 2,000 people to feed here, but the personnel that work at the Dining Facility want people to enjoy the food that is cooked for them.

Services people like Staff Sgt. Karen Stoffle, the day shift supervisor, and Staff Sgt. Shad Winters, the store room non-commissioned officer in charge, work very hard to make sure people eating at the dining facility get a hot meal, despite being stationed in the middle of a desert.

To do this, both NCOs agree that it takes plenty of planning for the 24-hour operation where everyone on base visits at least once a day.

"I have a one-point-two million dollar running inventory here," said Winters, who is deployed from McConnell Air Force Base, Kansas. "My home station monthly running food stock of twenty thousand dollars is cakewalk compared to this."

It can take up to a month to receive items ordered for a single meal.

Therefore Winters said planning is key, along with a good inventory of food to choose from. Regardless he said, everything is 100-percent accountable.

Keeping the process going, Winters said, is using modern technology such as e-mail to make ordering easier.

"My orders have to process through six different people," he said. "A lot of times, they're not at their desks, so e-mail definitely has been our biggest ally."

Sometimes equipment becomes a problem. An example Winters gave was when he had a refrigerator go bad.

"We only have one hour to move the food when a refrigerator or freezer unit goes down," he said. "The last time, about 10,000 ice cream bars were lost."

After the food has arrived on the base, it is Stoffle's responsibility to make sure the breakfast and lunchmeals are cooked, while at the same time prepare for the dinner meal. She is deployed from Grand Forks AFB, N.D.

In that time frame, Stoffle estimates that an average 850 people take advantage of the breakfast meal, while almost double the people take advantage of the lunch meal. The biggest meal of the day comes

at dinnertime though where on average anywhere from 1,500 to 1,600 meals are served each night.

This doesn't include flight meals that are prepared for pilots and people that can't make it to the dining facility because of the nature of their jobs. On an average month, Stoffle said, they serve about 111,000 meals.

"Even in a wartime environment, Services people all over the (area of responsibility) in established locations are capable of serving four square meals a day, with top choices of amenities like candy, fruit, salad bar and even cold milk," Stoffle said. "We do this because of our services motto, 'you work hard, we work hard. You play hard, we work harder!'"

To break up the monotony of deployed living, the dining facility hosts a monthly birthday meal to people celebrating a birthday in that month. The celebrants are allowed to bring a guest of their choice. Serving the meal is usually the person's commander or first sergeant, Stoffle said.

"It's a one-time chance to have your first shirt or commander be there for you, not in a professional capacity, but a more

personal one," Stoffle said.

The birthday meal in March gave participants a choice of two of entrees like T-bone steak, lobster tails, shrimp scampi or chicken cordon bleu.

Also served with the meals are a choice of vegetables and a bottle of sparkling grape juice. The birthday meal wouldn't be complete of course without a birthday cake, in this case one big enough to serve more than 100 people.

"The birthday meals raises the morale of the troops who can't celebrate their birthday back home," Stoffle said.

For 1st Lt. Amy Scott, deployed here from Tinker AFB, Okla., having the birthday meal is nice, "Especially since we're not able to celebrate our birthdays with our families," she said.

"It's definitely neat that (the Services folks) take the time and effort to do this," said Senior Airman Joel Bernasek, from the 405th Expeditionary Logistics Readiness Squadron, deployed here from McChord AFB, Wash. "They make you feel more at home."

While the dining facility folks aren't going for home cooking, they definitely want people here to feel more at "home."

Coalition forces join together to fuel Global War on Terrorism



Members of the Royal Air Force and British Army configure the manifold of the Tactical Fuel Handling Equipment before fuel is ready to be pumped.

Air refueling vital to successful fighter missions

By Staff Sgt. Marti Ribeiro
401 Air Expeditionary Wing Public Affairs

Coalition forces here have joined together to fight the global war on terrorism. From the initial air refueling contact to dropping bombs on target, the U.S. Air Force, U.S. Navy and the Royal Air Force from the United Kingdom are conducting hundreds of missions every week in support of Operation Iraqi Freedom from the 401st Air Expeditionary Wing.

The major news networks cover the end of these missions, with aircraft dropping ordinance over strategic locations in Iraq, but what isn't seen is the joint effort to get those aircraft in the air to conduct successful missions.

The U.S. Air Force, U.S. Navy, the British Army and the RAF joined forces at an RAF base in the Eastern Mediterranean to set up a refueling mission.

A refueling system was needed that was more efficient than refueling aircraft by fuel trucks, according to RAF Warrant Officer 2nd Class Paul Lelliott, who oversees the joint fuel operation. "We also needed to be able to refuel multiple aircraft simultaneously."

To solve this problem, the Royal Engineers from the British Army built an intricate system to collect United Kingdom fuel from barges that pass through the Mediterranean. The Tactical Fuel Handling Equipment, otherwise known as TFHE, pumps the fuel from the barge through a series of pipelines into a fuel bladder close to the flightline. Aircraft maintenance and fuel specialists from both the U.S. and the United Kingdom then use the fuel to fill up U.S. Air Force KC-135 Stratotankers.

Stratotankers have been the main refueling aircraft in the Air Force inventory for more than 40 years and are still carrying the lion's share of the air refueling today.

"The refueling going on here has really been impressive to watch," said Major Eric Sutcliffe, 401st Expeditionary Logistics Readiness Squadron commander, who oversees the U.S. Air Force contingent of 18 people in the fuels flight. "The TFHE was mostly designed for refueling helicopters but has been working outstanding for our tanker fleet. The entire operation has been a

seamless integration and we couldn't be happier."

The TFHE has been performing well above anyone's expectations and with the ability to pump more than 2.7 million liters of fuel into any aircraft in a 24-hour period, the system has made its mark on the war, according to Lelliott. So far, more than 45 million liters of fuel has been piped through the system to the tankers.

But once the fuel is down the pipeline, fuel specialists take over.

"We're responsible for inspecting the fuel tanks and making sure they're completely refueled," said Staff Sgt. Jake Way, 186th Air Refueling Wing, Meridian, Miss., who is deployed to the 401st Expeditionary Aircraft Maintenance Squadron.

The KC-135 can hold a maximum of 209,543 pounds of fuel but for this operation is typically filled with 150,000 pounds of fuel. "That amount can refuel 10-15 aircraft, depending on how low the tanks are when they refuel," Way said.

The maintenance squadron is also responsible for attaching a drogue to the KC-135 before flight which is just one of the three capabilities the 401st AEW has for refueling. The multi-point refueling system, the boom drogue assembly and the hard boom allow for aerial refueling for any type of aircraft in the U.S. or allied inventory.

"We're required to put the drogue on anytime we're refueling a Navy aircraft," he said. "It's basically a universal fitting to refuel anything in the Navy aircraft inventory."

Once ready for take off, these refuelers take the fuel to the fighters before they enter Iraq. Fighter aircraft, consisting of FA-18 Hornets and F-14 Tomcats, are assigned to both the USS Harry S. Truman and USS Theodore Roosevelt aircraft carriers stationed in the Mediterranean. Night after night, these fighters drop ordinances on different locations in Iraq, but not without the help of their friends in the U.S. Air Force and RAF.

"On the northern Iraqi front, we've stepped up operations which requires an increased number of (refuelers)," said Marine Maj. Bret "Mutha" Saunders, FA-18 fighter pilot stationed on the USS Harry S. Truman. "Being able to handle this increased ops tempo is based mainly on our ability



Photos by Master Sgt. Mark Bucher

A base KC-135 Stratotanker arrives at a forward operating base located in the Mediterranean region.

to get fuel."

According to Saunders, the refueling mission that the Air Force and the RAF are carrying out is vital to the fighters. "We need the capability to go long distances, have tactical ability and speed in order to come back successfully." This wouldn't be possible if the aircraft weren't able to top off the fuel tanks before entering Northern Iraq, he said.

And the mission wouldn't be possible with the exceptional cooperation between the U.S. the United Kingdom.

"We've established a fantastic working relationship between the services," said Lelliott. "We kind of have a 'hodge podge' of people but we work like a well-oiled machine." According to him, without the unbelievable teamwork, the mission couldn't be accomplished.

So as the rest of the world sleeps, the Air Force, Navy, British Army and RAF are busy getting fuel in the fighter jets so they can drop ordinance on Iraq to help win the war on terrorism.

"We have more combat power in the Mediterranean right now, than we did in all of World War II," said Vice Admiral Scott Fry, U.S. Navy Sixth Fleet commander.

When addressing members of this joint operation, the vice admiral added "we're making history here, you're children will read about this operation in their history books one day."



Royal Air Force Corporals Steve McGoldrick and Gordon Harris work on a refueling vehicle as they prepare to deliver F-34 fuel (JP8 fuel U.S. equivalent) to an aircraft.

Community

Today

SEAFOOD SPECIAL

The Northern Lights Club has a Seafood Platter Special today from 5:30 to 7 p.m.

PHOTOGRAPHY CONTEST

Boys and Girls Clubs of America are having a photography exhibit, which ends today. The exhibit is at the youth center, 747-3151 for more information.

TEEN KARAOKE CHALLENGE

Teen karaoke challenge tonight for ages 13 to 18, starting at 8 p.m. at the teen center in Liberty Square. Prize for the best as voted by your peers!

DISCOUNT SKATING

Only today – show your Boys and Girls Clubs card and receive a \$1 off admission.

Saturday

PRE-TEEN DANCE

There is a Preteen dance tonight for ages 6 to 12 from 7 to 9 p.m. at the youth center. There will be a dance contest for those who can bust a move. Cost is \$5 snacks included.

LEARNING FAIR

Grand Forks Annual “Learning Fair” to be held at the Purpur Arena in Grand Forks from 10 a.m. to 1 p.m. Parents and children infant to age seven are invited to attend. free!

Tuesday

SUMMER SUN REGISTRATION

Today is the last day to sign your kids up for “Summer Sun.” Register from 9 a.m. to 5 p.m. at the youth center. The Summer Sun Program is for children who have completed Kindergarten and up to the age 12. Parents/Guardians need to bring these items to register: current LES/pay stub, current shot records for each child, single or dual military families need an AF 357. Call 747-3150 for further details.

BALL REGISTRATION

Today through April 30 is registration for baseball/softball/T-ball for ages 5 and up. Cost is \$30 and youth must have a current sports physical. Stop by the youth center to register and pick up a parent information letter. Volunteer coaches are needed

Wednesday

ADVISORY MEETING

Today there will be a Quarterly Parent

Advisory Meeting at the Child Development Center at 4:15 pm.

ARTS & CRAFTS NIGHT

Arts & Crafts Night tonight for ages 6 – 12 at 5:30 p.m. and ages 13 – 18 at 6:30 p.m. at the youth center. Free.

Upcoming

CHILD DEVELOPMENT CENTER HAS CHILD CARE OPENINGS

If you are looking for childcare for your three to five year old contact the Child Development Center. We have several openings for this age group and offer care Monday through Friday from 6:30 a.m. to 5:30 p.m. For additional information contact: Jackie or Tom at the Child Development Center, 747-3042.

SUPER SUNDAY BRUNCH

The Northern Lights Club will be having an Easter Brunch April 20 from 10 a.m. to 2 p.m.! Come and enjoy all the great food items plus a Carving Station, Shrimp Bar, Champagne and lots more. Prices are adults, \$13.95; children \$8.95 and children under five are free, reservation required please. Don’t forget your Members First discount. The next Sunday Brunch will be May 11 for Mother’s Day.

SKILLS DEVELOPMENT CENTER UPCOMING KID’S CLASSES

April 21 – Snuggle Quilt Workshop from 10 a.m. to 5 p.m. Cost is \$15 plus supply kit.

April 22 – Name Banner Workshop from 10 a.m. to 1 p.m. Cost is \$6 plus supply kit.

Pre-payment and pre-registration is required for all classes. Call the Skills Development Center for further details at 747-3482.

MANITOBA MUSEUM OF MAN AND NATURE/PLANETARIUM TRIP

Join Outdoor Recreation on April 26 as they travel to Winnipeg to visit the Manitoba Museum of Man and Nature and the Planetarium!

Departure is at 5 a.m. form Outdoor recreation and you will be returning late the same evening. Cost is \$17.50 per adult, family of two is \$27.50, family of three is \$37.50 and family of four is \$47.40, (family prices include two adults over 18). These prices are for transportation only. Admission fees (include the museum, Planetarium and Science Gallery) are \$15 (CAD) per adult, \$10 children 3-17 and family \$40 (up to five). Sign up is by April 23. Call Outdoor Recreation for more details, 747-3688.



Puzzling

Jimmy Winder, retiree, spends many hours putting puzzles together at the community activity center. He finds it to be a rewarding hobby with some of his puzzles on display at the base library. Anyone interested in putting puzzles together can stop the community activity center and spend a few minute or a few hours putting one together.

Photo by Jim Bridges

PHOTOGRAPHY SCHOLARSHIPS

To encourage talented Club members to hone their skills and pursue photography as a career, Boys & Girls Clubs of America and the Circuit City Foundation are offering a new opportunity for Club members aged 16-18: the ImageMakers Photography Scholarships. To apply, members must compile five photographs, in any medium and/or mixture of media, showcasing their talent. Photographs should be displayed in a portfolio along with a typed one-page personal statement on any subject written by the photographer. Applications can be picked up at the Youth Center. Portfolio, personal statement and application must be submitted to the Youth Center by June 9, 2003. All Club members who submit portfolios will receive certificates of merit; the top four portfolio photographers will each receive \$3,000 to be used for college or art school.

FAST EDDIE’S

Come try our new Smoothies in 5 delicious flavors: Tropical Fruit, Raspberry, Strawberry, Peach and Banana. Call us at 747-6201 for details.

FAST EDDIE’S 2

There is another Fast Eddie’s, Fast Eddie’s 2, now open to serve you at the Sports & Fitness Center (located by the climbing wall)! Enjoy fresh brewed coffee, fruit smoothies, bagels, juices and more!

EXTENDED DUTY CHILD CARE

The Family Child Care Office offers an Extended Duty Child Care Program to help

parents obtain childcare when they need it for duty-related reasons beyond their typical 50-hour per week childcare arrangements. The program can accommodate such instances as: temporary shift changes; unplanned longer duty days/weekend duties; short-term TDY’s or when no other parent is available; and dual military or single parent deployments until children are picked up by Family Plan AF Form 357 designees

Eligible users include active-duty military personnel assigned to or living on base, regardless of branch of service; Department of Defense civilians, appropriated and nonappropriated, assigned to the base; Air National Guard and Air Reserve on active duty or during inactive duty personnel training; and DoD contractors assigned to the base; FCC providers who have medical appointments or need substitute care on a limited basis; Child Development Staff or school-age program staff required to work different shifts, longer hours, attend training and other child care emergencies that impact their ability to provide child care. First priority must be active duty and DoD civilians.

Parents must be enrolled in the program and meet the provider prior to use. For that reason, the family child care staff encourages parents who think they may need Extended Duty Child Care services in the future to enroll ahead of time to be prepared when duty calls. The FCC coordinator serves as the point of contact with parents and providers.

For more information on how this program can assist you, please call the Family Child Care Office at 747-4167.

Base theater

Today, 7 p.m.

Cradle 2 the Grave (R)

An international criminal (Mark Dacascos) kidnaps the daughter of a gang leader (DMX) during a black-diamond heist. That leads to a massive search headed up by a Taiwanese government agent (Jet Li), who tries to convince the gang members to collaborate with the cops in hopes of saving the girl and finding the jewels.

Saturday, 3 p.m. -- FREE

The Jungle Book 2 (PG)

The story begins where the 1967 original left off. Mowgli (Haley Joel Osment) is bored living in his new village with his girlfriend, Shanti, so he returns to the good ol' life in the jungle. But a familiar foe, the tiger Shere Khan, has been waiting for this day, and he's ready to pounce. It's up to Baloo (John Goodman) and Mowgli's other friends to help save him.

Saturday, 7 p.m.

The Life of David Gale (R)

In a fictional tale of tragic irony, Dr. David Gale (Kevin Spacey), a professor who protests against the death penalty, is falsely convicted of murdering a fellow anti-capital-punishment activist (Laura Linney) and winds up on death row. In the film, told in flash-backs, Gale explains his side of the story to a reporter

(Kate Winslet) who isn't sure what to believe.

April 18, 7 p.m.

Daredevil (PG-13)

Ben Affleck plays Matt Murdock, who as a boy was left blind after being hit by a radioactive isotope. Although his eyes no longer function, Murdock's other senses become superhuman, especially a secret, radar-like ability he develops. Years later in New York, Murdock works as an attorney by day and a crime-fighting vigilante by night, using his special skills to become the city's trusty superhero, Daredevil, battling his archnemesi s, the mob boss Kingpin (Michael Clarke Duncan), and the dangerous Bullseye (Colin Farrell). Murdock then falls for a mysterious woman (Jennifer Garner), but little does he know; by night she is Elektra, a scythe-wielding woman out to kill Daredevil.

April 19, 7 p.m.

Old School (R)

April 20, 7 p.m.

The Hunted (R)

Tickets: \$1.50 children, \$3 adults
For details, call 747-3021/6123.

Base chapel

CATHOLIC:

Mass: 5 p.m. Saturday, 9 a.m. Sunday.

Daily Mass: Tuesday - Thursday 11:30 a.m.
Sunflower Chapel

Holy Thursday Mass: 7 p.m. Sunflower Chapel

Stations of the Cross: 7 p.m., Good Friday
Sunflower Chapel

Good Friday Service: 3 p.m.
GSunflower Chapel

CCD: 10:45 a.m. Sunday, Twining
Elementary School, RCIA plus Confirmation

Reconciliation: 4 p.m. Saturday, 8:30 a.m.
Sunday, or by appointment, Sunflower Chapel

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday,
Sunflower Chapel.

Liturgical worship: 10:30 a.m. Sunday,
Prairie Rose Chapel.

Contemporary worship: 6 p.m. Sunday,
Prairie Rose Chapel

Good Friday Service: 7 p.m. Prairie Rose
Chapel

Young Adults: 6 p.m. Friday, Chaplain
Swain's home 747-4359

Youth: 4 p.m. Sunday, meet at youth center
Religious Education: 9 a.m. Sunday,
Eielson Elementary School.

Men of the Chapel: noon Monday, Prairie
Rose conference room

JEWISH:

For details call Sheila Farquharson at 594-
3960 or Synagogue B'nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX:

For details call Dr. Levitov 780-6540.

MUSLIM, BUDDHIST, OTHER:

For details call 747-5673.

North Dakota kicks off 2003 SCTP season



Photo by Senior Airman Jathzed Fabara

May the F.O.R.C.E. be with you

A new aerobics program, known as F.O.R.C.E. (Focused on Resistance Circuit Exercise), was introduced to the base fitness center aerobics center, April 9. The aerobics program consists of 12 ‘cardio-stations,’ starting with calf raises, bench hop-ups, arm curls, step-ups with front raises, squats with shoulder presses, mountain climbers, step overs, lunges, abdominal crunches, triceps dips, lap running, not to mention back extensions. You spend 30 seconds of conditioning on each ‘cardio-station,’ with 10 seconds to spare in order for you to rush to your next ‘station’. The hour-long program focuses on working out all the areas of your body within that 10 to 11a.m. time gap. For more information regarding the variety of aerobic programs available at the base fitness center, call the HAWC at 7-5546.

NEWTOWN, Conn. - Young trap, skeet and sporting clays shooters from North Dakota compete for their share of \$69,000 in college scholarships as the Scholastic Clay Target Program (SCTP) kicks off its third season. The SCTP State Trap Championship is Aug. 2.

Last year over 40 of the Sioux State's top shooters competed in the program representing Casselton, Christine, Davenport, Fargo, Hazen, Horace, Kindred, Minot, Stanley, West Fargo, Williston and Zap.

SCTP is the national youth shooting program developed by the National Shooting Sports Foundation (NSSF) to offer young men and women the opportunity to compete as a team for state and national titles in the clay target disciplines of trap, skeet and sporting clays.

Participants will also vie for an opportunity to train with America's Olympic shotgun coaches as part of the Junior Olympic Development Camp hosted by USA Shooting at the U.S. Olympic Training Center in Colorado Springs.

Last year, teams of junior and senior high school students from 40 states participated in SCTP competing in divisions and classes based on age and experience. Youths in grades 6-8 shot in the Junior Division while

those in grades 9-12 shot in the Senior Division. Competitors are divided into Novice and Experienced classes to insure teams compete against those with like ability.

The 2003 SCTP season will see some changes. Due to overwhelming interest from coaches, parents and young shooters, there will be a new Rookie Division for youth in grades five and below. Additionally, the total amount of scholarships has been raised to \$69,000 with \$1,000 going to each competitor on the top teams in the Junior and Senior divisions in each of the three disciplines.

The National Championship schedule has also changed. Trap Nationals will be held as a two-day event during the Grand American World Trapshooting Championships in Vandalia, Ohio, on August 8 and 9.

Skeet and Sporting Clays Nationals will both be held at the National Shooting Complex in San Antonio, Texas, during the National Sporting Clays Championships September 11-14.

To compete, teams must be registered 45 days prior to the state championship. For further information, registration forms and complete rules and schedules, visit www.nssf.org/sctp or call NSSF at (203) 426-1320.

Shorts

YOUTH GALAXY BOWLING

Saturdays at Dakota Lanes for ages 9 - 12 from 6 to 8 p.m. and ages 13 - 15 from 8 to 10 p.m. Cost is \$2.50 per hour and 75 cents for shoe rental. Need 10 to people hold. Sign up at the youth center.

OUTDOOR RECREATION

We have the new season's fishing licenses (required as of April 1). Certificates, individual fishing stamps, sportsmen's, and husband and wife fishing stamps.

Saturday – Spring turkey season opens

Evening fishing trips: Outdoor recreation begins leading evening fishing trips to Devil's Lake in April for ice-out walleyes and northern pike.

Spring bird-watching trips: The spring migration and breeding season begins this month and there are a number of places locally that draw a variety of interesting birds. At outdoor recreation we have binoculars and bird books that will get you

started enjoying the birding season. We'll also be offering some evening and early morning birding trips as migrants arrive.

Camper and boat reservations: You can reserve a boat or camper the first day of the month prior to the month you need the equipment. Boat and camper reservation deposit fees are \$20 for weekend and \$40 for a week or longer. Deposits are non-refundable.

BOATER SAFETY

A boater safety class is tonight from 6 to 9:30 p.m. at outdoor recreation. The class is required to rent motorized watercraft from outdoor recreation.

Also, North Dakota law requires persons age 12 to 15 to pass an approved boating course if they operate motorboats propelled by motors over 10 horsepower. Additionally, many insurance companies offer a premium discount to adults who complete this course. The course is free, please sign up at outdoor recreation, 747-3688. The next class is on April 22.

Intramural standings

Darts				Volleyball		
Team	Win	Loss	Pts	Team	Win	Loss
MSS/B	5	1	55	CES	11	1
CES	4	2	48	MOS	9	1
CS	4	2	47	LRS	7	4
SFS	3	3	37	CS	5	6
MSS/A	1	5	31	SFS/B	5	7
LRS	1	5	29	MSS	3	8
				SFS/A	2	9
Raquetball			(Intramural standings as of Wednesday)			
Team	Win	Loss				
MDG	4	2				
CS	2	4				
LRS	0	7				